







BODY PERCUSSION AND MOVEMENT **With Penelope Wendtlandt**

Penelope is a former company member of the NYC Off Broadway hit STOMP. She has had the privilege of working with the West End Company in London, National and International Tours leading her to teach and perform all over the world. She performs regularly with the internationally acclaimed dance company, Dorrance Dance, as a guest artist, performing in venues such as New York City Center, Jacobs Pillow and most recently, the Guggenheim Museum. Trained in multi-form dance with a modern dance degree from The New School University in NYC, theatre and music she continues to explore new ways to integrate these forms into developing new and authentic modes of expression.

Body Percussion:

Penelope's approach involves:

-  Stripping music down to its core, rhythm, and reconnecting it to the body.
-  Using our own bodies as an instrument and tool to generate percussive movement allowing for creative self-expression.
-  Coming together as a group to play and move with one another - listening to oneself and others around us
-  Opening up our ears and bodies to collaborate with other individuals.

**CLASS IS OPEN TO THE PUBLIC ALL LEVELS AND
BACKGROUNDS ENCOURAGED!**

